Hospital Equipment and Services in Your Home

ArmsCare

THE EQUIPMENT YOU NEED, WHERE YOU WANT IT.

After an accident, illness or surgery, you need all the help you can get. A big part of that is getting appropriate, high quality medical equipment into your home, where you can make the most progress on your recovery.

ArmsCare delivers what you need

Providing the highest quality health care equipment, supplies and service for home use is our business - our only business. We handle every aspect of medical equipment use in the home, from selecting appropriate models to delivering, installing and servicing them. And we don't consider the delivery complete until we're confident you know everything you need to know about how to use your new equipment.

Hospital beds and patient lifts

In cases where mobility is restricted, few things help improve a patient's life more than a professional-quality patient lift, especially when it is used in conjunction with a multi-position hospital bed. We have a wide selection of patient lifts, beds and accessories to fit individual needs.

Wheelchairs, crutches and walkers

We offer a full line of other mobility products, including wheelchairs, crutches, walkers and walker accessories.

Oxygen systems and products for other specialized needs

Home equipment for treating respiratory problems, including a complete selection of home-based and portable oxygen systems, is another important part of our product line. Blood glucose monitors and blood pressure meters are also available, as are a variety of post-surgical supplies, ostomy supplies, bathroom safety aids, nerve and muscle stimulators, and other specialized home care equipment.

Helping you move toward a normal home activity and independence

ArmsCare provides the highest quality home care equipment, supplies and service for all the following needs and more:

* Oxygen Systems
* Hospital Beds
* Blood Glucose Monitors
* Enteral Equipment
* Ostomy Supplies
* Post-Surgical Supplies
* Patient Lifts and Lift Chairs
* Walking Aids
* Wheelchairs
* Blood Pressure Monitors
* Decubitus Equipment
* Incontinence Supplies
* Bathroom Safety Aids
* Nerve and Muscle Stimulators

24-Hour emergency service & Prompt free Delivery

ArmsCare is accredited by the Joint Commission on Accreditation of Healthcare Organization and is a Member of the National Association of Medical Suppliers and the Pennsylvania Association of Medical Suppliers.

Hours: M-F 8:00 a.m. - 4:30 p.m.
Emergency Service also available after hours.
One Nolte Drive, Kittanning, PA 16201    Call 724-545-3200 or 888-545-4949
Here’s How ArmsCare Helps You When it Comes to Payments

ArmsCare Inc. is a participating provider for an extensive list of insurance companies. Below is a list of our most popular insurance companies. If your insurance company is not listed, please call for more details.

**Medicare**  
**Medicaid of PA**  
**UPMC**  
**UPMC for Life**  
**UPMC for You**  
**Blue Cross & Blue Shield Plans**  
**Gateway Health Plan**  
**Unison**  
**Hospices**

ArmsCare Inc. is happy to submit claims to Medicare as well as private insurances and workers’ compensation with a prescription written by the physician.

We accept assignment on most Medicare approved items.

In today’s rapidly changing health care environment, insurance plays a vital role in providing medical equipment and supplies in a prompt and efficient manner. Before we may provide any product or service, it is crucial that we have an individual’s insurance information. This will help us best meet everyone’s needs.

We often work with and provide billing to many private insurance companies on behalf of our clients.

If you have specific questions regarding insurance and whether or not your insurance will cover an item you need, please do not hesitate to contact us. Our experienced staff will be happy to take time to answer any questions you may have regarding insurance coverage.

Call 724-545-3200 or fax: 724-543-2718 for more information.
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HOME OXYGEN

OXYGEN CONCENTRATORS
The most common form of oxygen delivery for the home is the concentrator, which extracts the oxygen from the air and is generally delivered into the body by nasal cannula (a tube that attaches to the nostrils by a prong). Oxygen concentrators today are extremely efficient and quiet. However, oxygen concentrators are not portable and would require a small portable tank to take with you when you leave.

LIQUID OXYGEN & PORTABLES
Another common form of oxygen delivery for the home is the Liquid Oxygen Reservoir, which is oxygen that is in a frozen state until it is delivered to the patient and is generally delivered into the body by nasal cannula (a tube that attaches to the nostrils by a prong). Liquid oxygen reservoirs are for the active patient and have a small, light, refillable portable to take with you when you leave.

- Prescription by physician required
- Medicare guidelines - test results of 88% and below on room air in stable conditions
- Highmark guidelines - some policies require an authorization
- Patient training and follow up by respiratory therapist
- 24 hour on call service

DX: 496 - COPD 518.81 - Acute Respiratory Failure
799.02 - Hypoxenia 480 - Viral Pneumonia
428.0 - CHF 780.50 - Sleep Disturbances

Call 724-545-3200 or fax: 724-543-2718 for more information.
**CPAP**

**CONTINUOUS POSITIVE AIRWAY PRESSURE SYSTEM**
CPAP is a non-invasive technique for providing low levels of air pressure from a flow generator, via a nose mask, through the nares. The purpose is to prevent the collapse of oropharyngeal walls and the obstruction of airflow during sleep, which occurs in “obstructive sleep apnea” (OSA).

- Prescription by physician required
- Medicare guidelines - RDI = 10 or greater
- Highmark guidelines - RDI = 5 or greater
- Some policies require an authorization
- Patient set up and training by respiratory therapist
- Variety of mask styles and sizes available

DX: 780.50 - Sleep Disturbances  
780.57 - Sleep Apnea

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**NEBULIZER**

**NEBULIZERS**
A nebulizer is an effective method of delivering respiratory medications. It uses a filtered air compressor to nebulize unit dose medications.

- Prescription by physician required
- Medicare guidelines - requires diagnosis codes of 491.0 to 505.

DX: Chronic Bronchitis  
Obstructive Chronic Bronchitis  
Emphysema  
493.90 - Asthma  
Extrinsic Allergic Alveolitis  
Black Lung  
Cystic Fibrosis  
HIV  
496 - COPD  
Bronchietctasis  
Abnormal Sputum

Call 724-545-3200 or fax: 724-543-2718 for more information.
Hospital beds, as they are so commonly referred as; are not only used in hospitals, but are used in ACLF’s and the home care settings as well. There are three distinct types of hospital beds; manual, semi-electric.

Manual Beds (Fixed Height)
Manual beds enable you to raise and lower the head of the bed, along with your knees through the use of a hand crank.

Semi-Electric Beds
This is the most common bed used in the home care setting. The head of the bed as well as the knees are raised and lowered with an electric hand-held control. The height of the bed is raised and lowered with the use of a manual hand crank.

Bariatric Beds
Bariatric beds provide a larger frame to assist in the comfort of a person up to 500 pounds. The head and foot of the bed can be raised to provide additional comfort as well.

- Prescription by physician required
- Medicare guidelines for semi-electric - have respiratory diagnosis
- Highmark guidelines - some policies require an authorization

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<thead>
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<th>Semi-Electric</th>
<th>Manual</th>
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Accessories for hospital beds
- Full or half rails
- Alternating pressure pump (APP)
- Egg crate mattress overlay
- Alternating pressure mattress (APM)
- Low air loss (LAL)
- Bergad foam mattress

Call 724-545-3200 or fax: 724-543-2718 for more information.
MOBILITY PRODUCTS

WHEELCHAIRS
Wheelchairs are available in a wide variety of sizes and styles, never purchase a wheelchair without being properly fitted, not only for the width, but the footrest height as well.

Standard Wheelchairs - K0001
Basic wheelchair is available with full length fixed arm rests or detachable desk length arms. Desk length arms are designed to fit underneath a table or desk, it allows the patient to maintain a close distance to the table.

Lightweight Wheelchair - K0003
A lightweight wheelchair is medically necessary when a patient cannot propel themselves in a standard wheelchair, but is able in a lightweight wheelchair. Note: A lightweight wheelchair is not covered because a caregiver has difficulty lifting (due to weight) a standard wheelchair.

Bariatric Wheelchair
These heavy duty wheelchairs are more comfortable for an individual of larger frame and weight.

- Prescription by physician required
- Size and weight capacity based on individual needs

DX: 715.96 - Osteoarthrosis of knees 715.95 - Osteoarthrosis of hips
496 - COPD 781.2 - Abnormality of gait

Accessories
- Elevating leg rests - Medicare requires appropriate diagnosis
  Highmark requires authorization on some policies

DX: 782.3 - Edema of lower extremities

Wheelchair cushions
- Eggcrate - non covered item by some insurances
- Foam/gel - non covered item by some insurances
- Bergad foam cushion

Call 724-545-3200 or fax: 724-543-2718 for more information.
Hospital Equipment and Services in Your Home

MOBILITY PRODUCTS

WALKERS
Walkers are available in a variety styles and sizes to meet everybody's needs, from folding, hemi or wheeled walkers. Hemi style walkers are good when utilizing one hand, folding walkers are easy to transport. Most fold to a width of about four inches. Walkers with wheels are good for patients who are unable to lift the walker when ambulating.

- Standard, Junior, Wheeled with seat and brakes
- Size and weight capacity based on individual needs

DX: 715.96 - Osteoarthritis of Knees
781.2 - Abnormality of Gait
780.79 - Weakness
715.95 - Osteoarthrosis of hips
496 - COPD
719.40 - Pain in Joint

Accessories
- 3” or 5” fixed or swivel wheels
- Pouches

CRUTCHES
Crutches are available in youth, adult, and tall sizes. They are made of aluminum and can be easily adjusted for height. Weight is limited to 250 pounds. Crutches are used in assistance ambulation following a lower extremity injury or surgery.

Aluminum in youth - Standard - Tall
Weight limit of 250 lbs

DX: 959.7 - Lower leg injury
- Fracture of lower extremities
719.40 - Pain in Joint
715.96 - Osteoarthritis of Knees
845.00 - Sprain Ankle
496 - COPD
719.40 - Pain in Joint

Call 724-545-3200 or fax: 724-543-2718 for more information.
MOBILITY PRODUCTS

CANES
Walking canes are available in a variety of styles and handle configurations to fit most any patient’s hand comfortably. Canes are available in an adjustable height aluminum or non-adjustable wood. You would use a cane for added stability while walking. Quad canes are used when the patient needs more stability than a “normal stick type cane” would offer. Quad canes are available with either a small base or large base, the base is made up of four small legs.

- Single point adjustable in aluminum with “J” handle & offset handle
- Small and large based quad canes
- Standard weight up to 250 lbs
- Heavy duty for over 250 lbs

DX: 959.7 - Lower leg injury  715.96 - Osteoarthritis of Knees  781.2 - Abnormality of Gait
    780.79 - Weakness  715.95 - Osteoarthritis of hips  719.40 - Pain in Joint

PHOTOTHERAPY

BILIBLANKET
Phototherapy offers a convenient and effective treatment of jaundice in the home. It provides continuous high irradiance therapeutic light that exceeds the 2004 AAP Guideline’s. “Intensive phototherapy” is used to lower your patient’s bilirubin, yet doing so without causing any of the negative effects associated with all blue light phototherapy.

- Used for jaundice management
- Prescription from physician
- Highmark guidelines - some policies require an authorization

DX: 782.4 - Jaundice

Call 724-545-3200 or fax: 724-543-2718 for more information.
**TENS UNIT**

A tens unit is a small portable battery operated electrical pulsed generator that is effective for the relief of pain. A stimulator that is connected by wires to electrodes that are attached to the skin and the intensity is controlled by the patient. The tens unit stimulates the peripheral nerves causing a pleasant sensation, distracting the patient from the sensation of pain.

- Prescription from physician
- Medicare guidelines - patient given a trial period
- Highmark guidelines - some policies require an authorization
- Medical assistance HMO plans - non covered item
  (Gateway - UPMC - Unison)

DX: 724.2 - Back Pain  729.1 - Myofascitis
    723.1 - Neck Pain

**SEAT LIFTS**

Lift Chairs are available in a wide range of styles, fabrics and colors. You can choose from 2 position, 3 position or infinite position chairs.

- Only the mechanism portion considered by some insurances
- Medicare guidelines - only considered when patient does not have a wheelchair and with a qualifying diagnosis (claims unassignable only)
- Highmark guidelines - some policies require an authorization, some policies considered as non-covered item

DX: 715.96 - Osteoarthritis of Knees  715.95 - Osteoarthritis of hips
BATHROOM SAFETY AIDS

SHOWER CHAIR
Shower chairs provide a comfortable seating surface for bathing or showering. If you have low endurance, or difficulty standing in the shower or tub, our shower chairs will provide you with a safe way of bathing. They are designed for individuals who require seating support when bathing or showering and fit in virtually any standard tub or shower.

- Available with or without a backrest

- Medicare guidelines - non covered item
- Highmark guidelines - some policies require an authorization, some policies consider as non covered item
- Gateway and UPMC - prescription only
- Unison - requires a paper referral

DX: 959.7 - Lower leg injury 715.96 - Osteoarthrosis of Knees 781.2 - Abnormality of Gait
780.79 - Weakness 715.95 - Osteoarthrosis of hips 719.40 - Pain in Joint

TRANSFER TUB BENCH WITH BACK
Allows patient to sit down outside of the tub to transfer their body into the tub or shower area for comfortable bathing or showering. This is a safer way to enter the tub or shower area with less chance of slipping or falling. This bench is designed for an individual who has difficulty entering on their own.

- Medicare guidelines - non covered item
- Highmark guidelines - some policies require an authorization, some policies consider as non covered item
- Gateway and UPMC - prescription only
- Unison - requires a paper referral

DX: 959.7 - Lower leg injury 715.96 - Osteoarthrosis of Knees 781.2 - Abnormality of Gait
780.79 -Weakness 715.95 - Osteoarthrosis of hips 719.40 - Pain in Joint

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BATHROOM SAFETY AIDS

**GRAB BARS**
Wall Mounted Grab Bars offer safety and support throughout the bathroom. The heavy gauge steel is enamel coated for durability, rust resistance and an attractive finish that matches most décor. Wall mounted grab bars can be mounted horizontally, vertically or diagonally. These attractive grab bars are available in 12", 16", 18", 24", 32" and 36" lengths and right angle and left angle. They may be used separately or in combinations to offer safety and support when using shower, tub or toilet.

- Not covered by most insurances

BLOOD GLUCOSE MONITORS

**Glucose Monitors**
Glucose monitors are vital in helping diabetics monitor their sugar concentration. Meters alert diabetics if they have too much sugar in their bloodstream, or if they do not have enough. Either scenario can be dangerous. Many diabetics have to test their blood multiple times every day. Others may be able to only check twice a day.

DX: 250.00 - Diabetic - Non Insulin dependent
250.01 - Diabetic - Insulin dependent

ENTERAL NUTRIENT AND EQUIPMENT

Pump, gravity, syringe

Prescription by physician
- Ross products
- Medicare guidelines - must be only source of nutrition
- Highmark guidelines - some policies require an authorization, some policies considered as non-covered item
- Gateway - prescription only
- Unison - paper referral required

Call 724-545-3200 or fax: 724-543-2718 for more information.
EQUIPMENT, SUPPLIES & SERVICE

HOME CARE EQUIPMENT, SUPPLIES & SERVICE FOR THE FOLLOWING:

- Oxygen Systems
- Blood Glucose Monitors
- Enteral Equipment
- Ostomy Supplies
- Wound Care Supplies
- Incontinence Supplies
- Seat Lifts
- Compression Stockings
- Hospital Beds
- Wheelchairs
- Blood Pressure Monitors
- Decubitus Equipment
- Bathroom Safety Aids
- Nerve & Muscle Stimulators
- Walking Aids
- Over the counter/ Customize Bracing